

WESTVIEW SWIM LESSONS

Core Skills Achievement Levels				
White	Red	Yellow	Blue	Green
<i>If the student...</i>	<i>If student...</i>	<i>If student...</i>	<i>If student...</i>	<i>If student...</i>
<i>Is afraid of water...</i>	<i>Can't swim without support but loves the water...</i>	<i>Can swim underwater or on the surface, and can get an occasional breath...</i>	<i>Can float on front and back...</i>	<i>Can swim freestyle with rotary (side) breathing...</i>
<i>Can't swim at all...</i>	<i>Will get face wet...</i>	<i>Is not afraid...</i>	<i>Can treat water for at least 15 seconds...</i>	
<i>Will not get face wet...</i>	<i>Will jump in...</i>			
Red Cross Equivalent- Seahorse	Red Cross Equivalent- Seahorse/Guppy	Red Cross Equivalent- Guppy	Red Cross Equivalent- Flipper	Red Cross Equivalent- Seal
SIGN UP FOR WHITE GROUP	SIGN UP FOR RED GROUP	SIGN UP FOR YELLOW GROUP	SIGN UP FOR BLUE GROUP	SIGN UP FOR GREEN GROUP

Certified Starfish Aquatics/American Red Cross Instructors

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| 2 Sessions | 1. July 13th - July 23rd | 10:15a.m. –11:45a.m. Mon-Fri
(30 min classes) |
| | 2. July 27th to August 6th | 10:15a.m. –11:45a.m. Mon-Fri
(30 min classes) |

***The first Monday of the session will be for paperwork only. Lessons will be held Tues-Fri that week. Week two will be Mon-Thurs. Friday will be reserved for make-ups.**

You can register for Session One lessons by mail or online registration at www.metropools.com. Please note that the online dates/time are not reflective for Westview. A minimum of six students for a class to be held. Session Two registrations will also be held by mail and online. Class fee is \$49 per child per session payable by check to Westview Homeowners Association the first day of each session. Payment must be received prior to participation. Make-up classes will be held for weather or mechanical cancellations only. Diving will only be taught in pools at least 9ft. in depth. If depth requirements are not met at your pool, children will still pass course as long as all other skills are preformed properly.

