

*All Levels Vinyasa Flow
synchronizing movement with
breath...*

Olmsted Community Center

8170 Mapleway Drive,
Olmsted Falls, OH 44138

- Drop-In \$8
- 5 Pass Class \$35
- 10 Pass Class \$70



Fridays 7:30 AM – 8:30 AM – Dakota's Dance Studio (downstairs)

Saturdays 12 PM – 1 PM – Fitness Studio (upstairs)

Schedule*

- **Fridays February 1- 15th, March 1-15th, March 29th**
- **Saturdays February 2 – 16th, March 2-16th, March 30th**

***No classes on February or March 22nd and 23rd**

Sign up in advance and pay with credit card. Make checks payable to: Kristen E. Wilson LLC



If you purchase a class package, your sign in will be tracked when you come to class. I look forward to moving and breathing with you! Question? Call Olmsted Community Center at 440-427-1599

Namaste~

Kristen

Feel free to email me: kesaucha@yahoo.com