




Monday	Tuesday	Wednesday	Thursday	Friday
<p>(JP) <u>Jenkins Place</u> (OCC) <u>Olmsted Community Center</u> (#) <u>Registration Required</u> (*) <u>Light Meal Included</u> (\$) <u>Cost for Program</u></p>	<ul style="list-style-type: none"> Brainworks each Friday is a SAIDO Learning Experience provided by The Renaissance 		 	<p>1 10:30 SS Exercise - OCC 11:00 Scrabble -JP 12:00 BINGO (#) 1:00 Brainworks - JP (#) National Wear Red Day</p>
<p>4 9:30 SS Chair Yoga – OCC 10:30 Crafty Creations -JP (#) Knitting & Crocheting</p>	<p>5 9:15 SS Exercise - OCC 10:00 Wii Bowling – JP 10:30 SS Exercise – OCC 1:00 Chinese New Year - JP (#)</p>	<p>6 9:30 SS Chair Yoga – OCC 11:00 Wii Tennis - JP (#) 1:00 Happy Hour-Linda Kirk (#) 6:30 Optimizing Your Income Through SS & Medicare Dinner N’ Learn - JP (#*)</p>	<p>7 10:00 Intro to Car Care - JP (#) 10:30 Blood Pressure W/OFP 11:00 Tai Chi Easy – JP (#) 12:00 Hospice 101 Lunch N’ Learn - JP (#*)</p>	<p>8 9:15 SS Exercise - OCC 10:30 SS Exercise - OCC 11:00 Scrabble -JP 12:00 BINGO (#) 1:00 Brainworks - JP (#)</p>
<p>11 9:30 SS Chair Yoga – OCC 10:30 Puzzles 11:30 Newsletter Meeting</p>	<p>12 9:15 SS Exercise – OCC 10:00 Wii Bowling – JP 10:30 SS Exercise - OCC 12:00 Senior Quick Tips (#) *Friendship Day*</p>	<p>13 9:30 SS Chair Yoga – OCC 11:00 Wii Tennis - JP (#) 12-4 OSHIIP Rep - JP (#) 12:30 Effective Communication Strategies Lunch N’ Learn @ Village of the Falls (#*)</p>	<p>14 10:00 Valentine’s Day Breakfast -JP (#*) 10:30 Blood Pressure W/OFP 11:00 Tai Chi Easy- JP (#) For Wellness & Balance</p>	<p>15 *10:30 Intro to Tai Chi – OCC 11:00 Scrabble -JP 12:00 BINGO - JP (#) 1:00 Brainworks - JP (#)</p>
<p>18 9:30 SS Chair Yoga – OCC 10:30 Puzzles Random Acts of Kindness Week</p>	<p>19 9:15 SS Exercise - OCC 10:00 Wii Bowling - JP 10:30 SS Exercise - OCC</p>	<p>20 9:30 SS Chair Yoga – OCC 11:00 Wii Tennis - JP (#) 12:00 Pizza Tasting - JP (#*) 6:30 Asset Based Long Term Care Dinner N’ Learn - JP (#*)</p>	<p>21 10:00 OF Library at JP -(#) 10:30 Blood Pressure W/OFP 11:00 Tai Chi Easy- JP (#) For Wellness & Balance 1:00 Fraud Watch Network - JP (#)</p>	<p>22 9:15 SS Exercise - OCC 10:30 SS Exercise – OCC 11:00 Scrabble -JP 12:00 Heart Healthy Eating Lunch N’ Learn- JP (#*) 1:00 Brainworks - JP (#)</p>
<p>25 9:30 SS Chair Yoga – OCC 10:00 Art 101 w/Barbara - JP (#) 12:00 Passport Lunch - JP (#*) 1-3:00 Nurse Practitioner Office Hours - JP</p>	<p>26 9:15 SS Exercise - OCC 10:00 Wii Bowling - JP 10:30 SS Exercise - OCC 11:30-12:30 BP Check with Southwest Hospital 12:00 Update Meeting (#*)</p>	<p>27 9:30 SS Chair Yoga – OCC 11:00 Wii Tennis - JP (#) 12:00 Caring Transitions Lunch N’ Learn - JP (#*) 6:00 Pizza & Game Night-JP (#*)</p>	<p>28 10:30 Blood Pressure W/OFP 11:00 Tai Chi Easy- JP (#) For Wellness & Balance 12:30 Out to Lunch @ JoJo Carloni’s (#\$)</p>	<p>1 10:30 SS Exercise - OCC 11:00 Scrabble -JP 12:00 BINGO (#) 1:00 Brainworks - JP (#)</p>

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The Jenkins Place Senior Center is funded in part by the Cuyahoga County Division of Senior and Adult Services through the Health and Services levy.

More information about the programs listed on the calendar can be found in our monthly newsletter, The Jenkins Observer. It can be found at www.olmstedfalls.org, the Jenkins Place and the Olmsted Community Center.

Please call Rachel at 440-427-2519 with questions.