




# December 2018

# Olmsted Senior Activities

Monday	Tuesday	Wednesday	Thursday	Friday
<p>(JP) <u>Jenkins Place</u>            (OCC) <u>Olmsted Community Center</u>            (#) <u>Registration Required</u>            (*) <u>Light Meal Included</u>            (\$) <u>Cost for Program</u></p>	<ul style="list-style-type: none"> <li>Brainworks each Friday is a SAIDO Learning Experience provided by <b>The Renaissance Eliza Jennings</b> choices for aging well</li> </ul>   			
<p><b>3</b>            9:30 SS Chair Yoga – OCC            10:30 Crafty Creations -JP (#)</p>	<p><b>4</b>            9:15 SS Exercise - OCC            10:00 Wii Bowling Tournament at VOF            10:30 SS Exercise – OCC            12:00 Holiday Party - OCC(#*)</p>	<p><b>5</b>            9:30 SS Chair Yoga – OCC            12-4 OSHIIP Rep - JP (#)            1:00 Watercolor - JP</p>	<p><b>6</b>            10:00 Bow Making - JP (#)            10:30 Blood Pressure W/OFP            11:00 Tai Chi Easy – JP (#)            12:00 Hospice 101 - JP (#*)</p>	<p><b>7</b>            10:30 SS Exercise - OCC            11:00 Scrabble -JP (#)            12:00 BINGO (#)            1:00 Brainworks - JP (#)</p>
<p><b>10</b>            9:30 SS Chair Yoga – OCC            10:00 Senior Vet Benefits - JP (#)            11:30 Newsletter Meeting (#*)</p>	<p><b>11</b>            9:15 SS Exercise – OCC            10:00 Wii Bowling – JP            10:30 SS Exercise - OCC            12:00 Senior Quick Tips (#*)</p>	<p><b>12</b>            9:30 SS Chair Yoga – OCC            11:00 Golf Therapy - JP (#)            1:00 Watercolor - JP</p>	<p><b>13</b>            10:00 OF Library-Holiday Fun - JP (#)            10:30 Blood Pressure W/OFP            11:00 Tai Chi Easy- JP (#)            1:00 Happy Hour with music by Linda Kirk</p>	<p><b>14</b>            9:15 SS Exercise - OCC            10:30 SS Exercise – OCC            11:00 Scrabble -JP (#)            12:00 BINGO - JP (#)            1:00 Brainworks - JP (#)</p>
<p><b>17</b>            9:30 SS Chair Yoga – OCC            10:00 Colored Pencils w/ Barbara - JP</p>	<p><b>18</b>            9:15 SS Exercise - OCC            10:00 Wii Bowling - JP            10:30 SS Exercise - OCC            11:30-12:30 BP Check            12:00 Update Meeting (#*)            1:00 Birthday Celebration (Oct-Dec) (#)</p>	<p><b>19</b>            9:30 SS Chair Yoga – OCC            10:30 Cookie Exchange - JP            1:00 Watercolor - JP</p>	<p><b>20</b>            10:30 Blood Pressure W/OFP            11:00 Tai Chi Easy- JP (#)            For Wellness &amp; Balance            1-3:00 Nurse Practitioner Office Hours - JP</p>	<p><b>21</b>            9:15 SS Exercise - OCC            10:30 SS Exercise – OCC            11:00 Scrabble -JP (#)            12:00 BINGO - JP (#)            1:00 Brainworks - JP (#)</p>
<p><b>24</b>            JENKINS PLACE CLOSED            JENKINS PLACE CLOSED  <b>31</b></p>	<p><b>25</b>            JENKINS PLACE CLOSED</p>	<p><b>26</b>            JENKINS PLACE CLOSED</p>	<p><b>27</b>            10:30 Blood Pressure W/OFP            11:00 Tai Chi Easy – JP (#)            For Wellness &amp; Balance            12:30 Lunch out at Chili’s</p>	<p><b>28</b>            9:15 SS Exercise - OCC            10:30 SS Exercise – OCC            11:00 Scrabble -JP (#)            12:00 BINGO - JP (#)            1:00 Brainworks - JP (#)</p>

**Jenkins Place Senior Center 26100 Bagley Road ~ Olmsted Falls, Ohio 44138**  
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The Jenkins Place Senior Center is funded in part by the Cuyahoga County Division of Senior and Adult Services through the Health and Services levy.

More information about the programs listed on the calendar can be found in our monthly newsletter, The Jenkins Observer. It can be found at [www.olmstedfalls.org](http://www.olmstedfalls.org), the Jenkins Place and the Olmsted Community Center.

Please call Rachel at 440-427-2519 with questions.