



August 2018

Olmsted Senior Activities

Monday	Tuesday	Wednesday	Thursday	Friday
<p>(JP) <u>Jenkins Place</u> (OCC) <u>Olmsted Community Center</u> (#) <u>Registration Required</u> (*) <u>Light Meal Included</u> (\$) <u>Cost for Program</u></p>	 	<p>1 9:15 SS Chair Yoga – OCC 1:00 Watercolor - JP</p>	<p>2 9-11 Vision & Glaucoma Screening 10:30 Blood Pressure W/OFP 11:00 Tai Chi Easy – JP (#) For Wellness & Balance</p>	<p>3 9:15 SS Exercise - OCC 10:30 SS Exercise - OCC 11:00 Scrabble - JP (#) 12:00 Billiards (#) 12:00 BINGO (#)</p>
<p>6 9:15 SS Chair Yoga - OCC 10:30 Crafty Creations -JP (#)</p>	<p>7 8:30 Outdoor Walking Club 9:15 SS Exercise - OCC 10:00 Wii Bowling – JP 10:30 SS Exercise – OCC</p>	<p>8 9:15 SS Chair Yoga – OCC 10:30 Great Day! Tours Preview (#) 12-4 OSHIIP Rep - JP (#) 1:00 Watercolor - JP</p>	<p>9 10:30 Blood Pressure W/OFP 11:00 Tai Chi Easy – JP (#) For Wellness & Balance 12:30 Lunch Out at Moosehead in Olmsted Falls (#\$)</p>	<p>10 9:15 SS Exercise - OCC 10:30 SS Exercise - OCC 11:00 Yahtzee - JP (#) 12:00 Billiards - JP (#) 12:00 BINGO (#)</p>
<p>13 9:15 SS Chair Yoga – OCC 11:30 Newsletter Meeting (#*)</p>	<p>14 8:30 Outdoor Walking Club 9:15 SS Exercise – OCC 10:00 Wii Bowling – JP 10:30 SS Exercise - OCC 12:00 Senior Quick Tips (#*)</p>	<p>15 9:15 SS Chair Yoga – OCC 11:00 Recycling 101(#) 1:00 Watercolor - JP</p>	<p>16 10:30 Blood Pressure W/OFP 11:00 Tai Chi Easy- JP (#) For Wellness & Balance</p>	<p>17 9:15 SS Exercise - OCC 10:30 SS Exercise – OCC 11:00 Scrabble - JP (#) 12:00 Billiards - JP (#) 12:00 BINGO - JP (#)</p>
<p>20 9:15 SS Chair Yoga – OCC 1:00 Happy Hour with music by Linda Kirk (#)</p>	<p>21 8:30 Outdoor Walking Club 9:15 SS Exercise - OCC 10:00 Wii Bowling Tournament- JP 10:30 SS Exercise - OCC</p>	<p>22 9:15 SS Chair Yoga – OCC 1:00 Watercolor - JP</p>	<p>23 10:00 OF Library at JP (#) 10:30 Blood Pressure W/OFP 11:00 Tai Chi Easy – JP (#) For Wellness & Balance 12:00 Real Estate 101 Lunch N Learn - JP (#*)</p>	<p>24 9:15 SS Exercise - OCC 10:30 SS Exercise – OCC 11:00 Yahtzee - JP (#) 12:00 Billiards - JP (#) 12:00 BINGO - JP (#)</p>
<p>27 9:15 SS Chair Yoga – OCC 10:00 Color w/Barbara - JP (#) 1-3:00 Nurse Practitioner Office Hours - JP</p>	<p>28 8:30 Outdoor Walking Club 9:15 SS Exercise - OCC 10:00 Wii Bowling - JP 10:30 SS Exercise - OCC 11:30-12:30 BP Check 12:00 Update Meeting (#*) 1:00 Sign Language Made Easy</p>	<p>29 9:15 SS Chair Yoga – OCC 11:00 Explore the Power of Your Mind - JP (#) 1:00 Watercolor - JP</p>	<p>30 10:00 Breakfast with Teresa - JP (#*) 10:30 Blood Pressure W/OFP 11:00 Tai Chi Easy – JP (#) For Wellness & Balance 1:10 Indians Game -JP (#*)</p>	<p>31 9:15 SS Exercise - OCC 10:30 SS Exercise – OCC 11:00 Scrabble - JP (#) 12:00 Billiards - JP (#) 12:00 Lunch N’ Learn: Do Men and Women Think Differently? - JP (*#)</p>

Jenkins Place Senior Center 26100 Bagley Road ~ Olmsted Falls, Ohio 44138
jenkinsplace@olmstedfalls.org 440-427-2519 www.olmstedfalls.org

The Jenkins Place Senior Center is funded in part by the Cuyahoga County Division of Senior and Adult Services through the Health and Services levy.

More information about the programs listed on the calendar can be found in our monthly newsletter, The Jenkins Observer. It can be found at www.olmstedfalls.org, the Jenkins Place and the Olmsted Community Center.

Please call Rachel at 440-427-2519 with questions.